

Kindness Bingo Level: Middle School (Age 11-14)

Welcome to Kindness Bingo!

Please see our Rules of Engagement on next page.

Clear weeds from a neighbor's flowerbeds or yard (ask permission first!)	Say hello and give a compliment to someone you see while out shopping or on a walk	Send a cheerful card of kindness to one resident of a nursing home	Take some pressure off your parents - offer to do extra household chores for one week
Pick up trash at a local park by taking a trash bag with you the next time you and your family go for a walk	Plant something such as a potted flower, an herb garden or a new plant in your yard	Decorate a Kindness Rock and deliver to the Dublin Arts Council for their new Kindness Rocks Garden www.DublinArts.org	Organize an online hangout with friends
Organize a "Game Night" for your family - choose or create a game then pick the date, time and snacks	Donate five items to The Welcome Warehouse of Dublin; find out their most needed items on their website wwwWelcomeWarehou se.org	Make a Thank You card for your Township's frontline workers; send to 6200 Eiterman Road, Dublin OH 43016	Bake a treat for a neighbor and deliver it with a note of kindness
Find a favorite passage from a book or a favorite poem, then call an older adult relative and share it with them	Learn how to make a paper crane and the significance of the craft, then drop it on a neighbor's porch with a kind note	Find out your family members' favorite songs and play them at dinnertime	Make a handprint drawing and list five reasons you're grateful – try to do this for a few days in a row

Kindness Bingo Rules of Engagement

Overview

Kindness really does matter. Dublin's Kindness Bingo is an effort to bring both thoughtfulness and fun while spreading the word that good citizens have good hearts. By playing a "bingo card" with ideas of caring gestures, participants can inspire kindness and ignite the true spirit of care.

Kindness Bingo players will print off his/her own Bingo Card and complete kind Bingo gestures square by square, offering photo evidence for some of the activities. Space is limited to 100 participants in each age group; the first 25 kind citizens to complete Kindness Bingo will receive gift cards to a local Dublin business.

Rules of Engagement

Good Faith: We're relying on your honesty and true kindness to self-certify that you in fact will have completed the acts of kindness you say you have.

Be Safe: If you reach out to neighbors, senior citizens, nursing homes and more, walk in a park collecting trash, etc., we'll rely on your good sense, parental, neighbor and fellow citizen permission.

Reminders: In mid-July, all registrants will be sent a Kindness Countdown reminder via e-mail.

Photo evidence: At least four (4) photos need to be sent in with each completed Bingo Card of "evidence" of kindness squares on the Bingo Card.

Completion and Recognition: If you complete eight (8) of 16 squares on your Bingo card, we'll send you a button you can proudly wear. If you complete all Bingo squares, we'll list your name on our web site. The first 25 kind citizens who complete a Bingo card will receive gift cards to local Dublin businesses.

Recap: Be sensible, be honest, remember to be kind, and snap/send those pictures!

Deadline: The deadline for ALL Kindness Bingo cards is Friday, August 7, 2020 and must be sent to volunteer@dublin.oh.us.

> In a world where you can be anything, be kind. -Unknown